



## Reduce, reuse & recycle

CGS students do their part  
to help the environment & their school

Here are all the ways you can help too!

- PAPER RECYCLING w/ABITIBI (Yellow & Green dumpsters)

You can recycle all of your newspapers, magazines, computer paper & mail in these yellow and green dumpsters, located on the McCormick Center parking lot. The school earns money for all paper recycled. However, we lose the profit when things like phone books, envelopes with plastic windows or cardboard, like soda cartons are found. So help us out and remove the plastic windows, put all of your recyclable paper into paper bags (like grocery bags), not plastic and keep out the cardboard and phone books.

- TERRACYCLE

Respect the pouch! New this year, CAPRI SUN drink pouches, also accepted, Kool-aid Jammers and Minute Maid! Bring your drink pouches (not juice boxes) into the office. Or, look for the hamper in the cafeteria to recycle during lunch. Check out [www.terracycle.com](http://www.terracycle.com) for some of the cool things they make from the pouches and other packaging.

- NESTLE` PURE LIFE WATER

If you purchase this brand of bottled water, save the labels! They earn money for our school. Last year labels collected and turned in, bought our kids these items: jump ropes, flag football, playground balls and a lot more.

The school only collects the labels, not the bottles. But here's where you *can* recycle the plastic bottles: Phoenix Recycling at Long Acre Park in Fairview They will take any plastic, including all brands of water bottles, milk jugs, soda bottles, laundry detergent or bleach jugs.

- **BOX TOPS**

Tons of items you purchase every day have BOX TOPS! Things like Ziploc bags, Nature Valley Granola Bars, Hamburger Helper, Avery Office Products and many others. Each one collected earns money for our school. Last year, BOX TOPS collected by CGS students got the school \$800 cash!

Don't just toss that cardboard box! Did you know both Althoff & Belleville West recycles cardboard? Help your school and the environment, save BOX TOPS and recycle the cardboard boxes!

- **CAMPBELL'S SOUP LABELS**

We collect UPC labels from Campbell's products. It's not just on cans of Chicken Noodle or Tomato Soup! Campbell's is the parent company for Pepperidge Farm, so check those GOLDFISH packages too! They are also on each single serve package of Cinnamon Goldfish Grahams sold by Market Day. Other items with labels are V-8 juice lids, Prego Spaghetti Sauce, Franco-American products like Spaghetti-O's and Swanson. Each UPC is worth points, 1 point or 5 points. We collect UPC's and turn them for points. We then "bank" the points to redeem for items. Last year, our school collected UPC labels and banked them for 12,727 points. Our goal is to bank 15,000 points this year and redeem for tech items.

- **ALUMINUM CANS, PHONE BOOKS & INK CARTRIDGES**

Mr. Thien, here at Cathedral, collects aluminum cans for recycling. He uses the money redeemed for the science lab. If you are already in the habit of collecting cans, please consider donating them to Mr. Thien and the school.

Not sure what to do with your phone books? Wish you knew how or where to recycle your ink cartridges? Not to worry, Mrs. Hoffman to the rescue! Bring your ink cartridges into the office any time. And look for the Phone Book Drive, headed by Mrs. Hoffman, during the year.

Here are some other items that can be recycled and where to take them:

Glass, Plastic, Cardboard and Tin: Phoenix Recycling

<http://phoenixrecyclingandshredding.com>

Cardboard can also be recycled at Althoff and Belleville West High Schools

Plastic bags: any area Schnucks store

